



## Dutch Community News

# Dutch Society *NEERLANDIA*



Official Publication for the Dutch Community in Western Australia



Dutch Aged Care



ANSWA



Dutch Community Radio

Perth WA

September 2014

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Madurodam is a 1/50th scale miniature town that can be found at Scheveningen (near The Hague) and it is one of the most important tourist attractions of the conurbation of Western Holland (called "The Randstad"). More interesting facts about Madurodam and the town of Scheveningen can be found on pages 20 & 21.

# Social functions calendar Clubhouse contacts

**Important:** The entries below are an indication only of what events are planned during the coming months and the information given may not always be accurate and could be subject to change.

For up-to-date accurate information, **always** refer to the larger function advertisements inside this paper or the posters displayed in the clubhouse.

## Upcoming Functions to be held in the Neerlandia clubhouse or in other venues as shown:

Friday 29 Augustus	<b><u>"End of Month Drinks"</u></b> More details on page 19	5.30 pm
Sunday 7 September	<b><u>"Sunday Klaverjas Drive"</u></b> Admission: \$8.00	11.00 am
Thurs 11 September	<b><u>"DJVV Club"</u></b> (Fortnightly)	Shop open
Wed 17 September	<b><u>"MidMonthMovieMeeting"</u></b> <i>Dutch Movie: "Sonny Boy"</i> Members \$2.50 Non-Members \$3.00 (More information on page 12)	7pm-11pm
Thurs 25 September	<b><u>"DJVV Club"</u></b> (Fortnightly)	Shop open
Friday 26 September	<b><u>"End of Month Drinks"</u></b> More details on page 19	5.30 pm
Sunday 28 September	<b><u>"Neerlandia AGM"</u></b>	1.00 pm
Sunday 5 October	<b><u>"Sunday Klaverjas Drive"</u></b> Admission: \$8.00	11.00 am
Thurs 9 October	<b><u>"DJVV Club"</u></b> (Fortnightly)	Shop open
Wed 15 October	<b><u>"MidMonthMovieMeeting"</u></b> <i>Dutch Movie: "TBA"</i> Members \$2.50 Non-Members \$3.00 (More information on page 12)	7pm-11pm
Thurs 23 October	<b><u>"DJVV Club"</u></b> (Fortnightly)	Shop open
Friday 26 September	<b><u>"End of Month Drinks"</u></b> More details on page 19	5.30 pm

## Clubhouse Address:

230 Cambridge Street,  
Wembley WA 6014  
ABN: 33 211 869 383

## Postal Address:

P. O. Box 200,  
Wembley, W. A. 6913

## Clubhouse Contact:

**Tel:** (08) 9381 3738

**Fax:** (08) 9388 0848

**Email:** [neerlandia@iinet.net.au](mailto:neerlandia@iinet.net.au)

## Webpage:

[www.dutchclubwa.com](http://www.dutchclubwa.com)

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## Private Members Parties:

**For bookings of Private Members Parties or information that is not in this magazine, please phone:**

**Gerry Creemers on: 9356 4207 or E-mail her on: [gerrycreemers@iinet.net.au](mailto:gerrycreemers@iinet.net.au) or Lianna Parker on: 0437 629 635**

**Minimum charges for using our Clubhouse facilities are:**

Use of Hall	from \$275.00 (Incl. GST)
Use of Lounge	from \$100.00 (Incl. GST)
Use of Kitchen	from \$100.00 (Incl. GST)



After the June 21<sup>st</sup> Information Afternoon, many of the Neerlandia members approached us with suggestions and ideas. We wrote them all down and we are working on each and every one of them. How did we go about this?

- ... **Activities** - We made a list of activities: when do our sub clubs meet and when do we have general Neerlandia club events. Once we had made such a list for a whole year (=12 months),
- ... **Requirements** - We wrote down what does each club need: e.g. a kitchen to prepare lunch, storage space, privacy, bar license, wheelchair access, etc. These requirements were added to the list.
- ... **Wishes** - Thirdly we added our wishes to such a list: ample parking, a caretaker who can open, close, set up and tidy up after any event and available staff for any event.
- ... **DACWA** – Whichever option eventuates, we have to assist DACWA in finding new offices.

Once we had completed the list, we had a comprehensive overview of our requirements.

This list now is the document that we work with; whatever alternative building or new club house Neerlandia will find, all items on this list have to be ticked before we would consider committing to such premises.

With this list in hand we approached:

- ... Morley Windmills with the purpose of co-using their premises
- ... 15 towns and shires within 20 kms of Perth's CBD with the purpose of finding premises to rent or lease

Although it is not the Committee's favourite scenario, we are also looking at existing buildings that are for sale. Such premises rarely come to the market but we came across one in the Bassendean area. We approached the Real Estate Agents and the price was clearly outside our financial possibilities. However the Real Estate Agents will keep an eye out for us. Not only for an existing building but also for a possible patch of land that could we build on in future.

This brings us to Real Estate Agents. Between December 2013 and August 2014 we have had four commercial Real Agent Estates doing an appraisal for our property at 230 Cambridge Street. The WorkGroup now has a good understanding of the range of values for a property such as ours. Each Real Estate Agent had variations on a theme, which again assisted the WorkGroup in an improved understanding of what is realistic and what is not.

Last and certainly not least, we are looking at redevelopment. If this were to happen we would have to get an organization such as the Dutch Business Club in Perth involved - without a major equity partner it will be well beyond our capabilities to redevelop. Apart from that, if redevelopment were to be financially viable, the club would still have to move out and find other premises for a period of at least three years while redevelopment is occurring. The financial consequences of this option may well be beyond reality but, at this stage, we are keeping all long term options open.

So what progress can we report in the September President's Report:

1. Apart from the Town of Cambridge, none of the other councils/towns are able to assist us. The property that Cambridge may have available is not really a homely clubhouse and, more importantly, it doesn't have any storage space; hence this is not feasible.
2. One of our committee members, who specializes in building and renovations has taken measurements and has developed suggestions to adjust The Morley Windmills to such a standard that it complies with our criteria, either as an interim measure or permanently.
3. We are awaiting the findings of "The Redevelopment Group", so loosely named and introduced to us by Mr Arnold Stroobach, Hon. Dutch Consul and Patron of Neerlandia.
4. We have decided that before we are in any position to commit to the sale process of the present Neerlandia site we need greater clarity on the development status of the site.

At the time of the September magazine going to print, we are awaiting further quotes and prices. In October we will provide updates as appropriate.

## Eventjes bijpraten met Lianna & Inge



### De BoekHoek

#### Ontsnapt uit de kaken van de dood, de Krakatau tragedie

De avonturen van een Indië-veteraan uit Hedel.

Mijn naam is Rick Blekkink, ik woon en werk in Nederland bij het Ministerie van Defensie en heb recentelijk het eerste exemplaar van mijn historische roman *Ontsnapt uit de kaken van de dood, de Krakatau tragedie* mogen uitreiken aan de Inspecteur Generaal der Krijgsmacht, tevens Inspecteur der Veteranen.

Tijdens het lezen van het gepubliceerde persbericht in enkele bladen van de landelijke pers, dacht ik er aan dat de grote groep Nederlanders die geëmigreerd zijn of in het buitenland een functie hebben aanvaard, vaak vergeten worden in zaken als deze die zich in Nederland afspelen. Vandaar dat ik u langs deze weg alsnog informeer, in de hoop dat u het waardevol genoeg acht om het naar uw achterban door te sturen. Want aangezien ik absoluut niet onder 'spam' wil vallen heb ik me tot doel gesteld om dit bericht alleen te sturen naar mensen die aan het begin van de informatievoorziening staan, zodat u zelf kunt bepalen of u het wel of niet doorstuurt naar leden, collega's, sympathisanten of volgers.

Hieronder vindt u het persbericht en in de bijlage de bijbehorende foto. Voor het geval u meer wilt weten over het boek, heb ik eveneens voor- en achterkant van het omslag toegevoegd. Alle bijlagen mogen vrij gebruikt worden.

Ik deel mijn eventuele netto schrijverswinst overigens met een aantal stichtingen, dat in Indonesië goed werk verricht.

Misschien nog goed om te weten; om het voor Nederlanders in het buitenland mogelijk te maken dat zij het boek met een vaste winkelprijs van €20,95 na aankoop voor een redelijke prijs toegestuurd krijgen, wordt er slechts €7,00 aan verzendkosten in rekening gebracht, ongeacht het land van bestemming. Het boek dient dan wel direct bij mij besteld te worden door het totaalbedrag van €27,95 over te maken op bankrekeningnummer: NL47INGB0004136418 (ING bank) t.n.v. Blekkink HJM onder vermelding van een correct bezorgadres.

Ik verwijs graag naar mijn website, daar is ook meer informatie te vinden over de stichtingen die participeren.

Met vriendelijke groet,  
Rick Blekkink  
Koningstraat 68



6441GR Brunssum

Nederland

E [rick4friends@hotmail.com](mailto:rick4friends@hotmail.com)

W [www.rickblekkink.nl](http://www.rickblekkink.nl)

### De KookHoek

Gezelligheid kent geen tijd  
"Time flies when you're having fun"

"Gezellig" is one of those typical Dutch words that defy translation and often confuse non-natives when confronted with it: it's not cozy, it's not comfortable, it's just "gezellig". It describes a mood, a feeling and, dare I say, a national common purpose.

"Gezellig" is going shopping with a girlfriend to the market, seeing new products from stall to stall and then relaxing on a café patio with a cup of coffee and a piece of "appelgebak".

"Gezellig" is an evening at home with friends, talking over a nice dinner, a glass of wine, some snacks. Before you know it, it's 3am in the morning, you get ready to go home and everybody agrees that it was very "gezellig" and that you should do this again soon. In English you would say "time flies when you're having fun". In Dutch, it's "Gezelligheid kent geen tijd". (Gezelligness doesn't keep track of time).

"Gezellig" is making time for each other, for connecting with like-minded people, for exchanging ideas, thoughts, visions without anybody getting upset or annoyed. You can't be "gezellig" alone, you need someone else there with you. If you get your panties in a twist or somehow easily upset the idyllic environment, you will be quickly classified as "ongezellig", or not "gezellig" at all. Not good if you thrive on other people's company, great for you if you're a hermit.





## Eventjes bijpraten met Lianna & Inge

And now for something to eat when it is “gezellig” with your friends.

### Haringsalade (Pickled herring salad)

Ingredients:

- 1 small jar of herring in sour cream, (available at IKEA)
- 2 beets, boiled and peeled
- 1 large apple, crisp
- dill to taste
- 1 tablespoon of capers
- 1 small shallot or onion
- 2 tablespoons of mayonnaise
- Four slices of white bread
- Butter



Dice the beets and potato. Peel and core the apple, then dice these as well. Chop the shallot or the onion, do the same with the dill pickles.

Fish (no pun intended) the herring pieces from the sour cream dressing

and cut them in. Add two tablespoons of mayo to the remaining sour cream dressing in the jar, mix and toss carefully with the rest of the ingredients into a creamy salad until the beets have colored everything a purplish red. Add additional sour cream or mayo if the salad needs it.

Toast the bread, let it cool and butter on one side. Cut in two or three pieces and serve with the salad.



Source: (met toestemming van) Nicole Holten, The Dutch Table <http://www.thedutchtable.com>

### TAFE Central

TAFE zoekt een casual (non-qualified) persoon om Nederlands te leren aan een groep enthousiasten. Is dit iets voor jou?

Hier volgt wat TAFE mij schreef. Succes!

This course is delivered on a Saturday morning for 7 weeks each term, from 9am – 11am and if there is a second class, from 11.30am – 1.30pm. This is a casual position and we would like someone reliable who would be available to teach at a couple of weeks' notice. They do not need to have an Australian qualification in teaching but should have previous experience in presenting to a group and have good language skills. This is not an accredited course and should be enjoyable. Most people learning the language are doing so as they are travelling or have friends or relations of Dutch background.

Anyone wishing to apply should send their resumé to this office, preferably by email, or in person, Level 5, 25 Aberdeen Street, Northbridge

Sonja Heinrich

Admin Assistant / Language Short Course Coordinator

Tourism and Languages Portfolio

Level 5, 25 Aberdeen St, Northbridge. WA 6003

t| (08)94271699 f| (08)94271978

[Sonja.Heinrich@central.wa.edu.au](mailto:Sonja.Heinrich@central.wa.edu.au)

*Out of office Tuesday and Wednesday*

**CONGRATULATIONS!!!!**  
**THE FOLLOWING ARE**  
**NOW MEMBERS OF**  
**THE DUTCH SOCIETY**  
**NEERLANDIA**

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During the End of Month Drinks, a function that the Dutch Club holds every month on the last Friday of each month, we had scheduled a reflection ceremony to commemorate the Dutch and the Australian Dutch who perished in the shooting down of MH017.

Around 7.30pm we had welcomed about 200 people, who had all come together in the club to give space to their grief.

At 8pm the President welcomed those present and started her address in Dutch followed by an address in the English language.

Ms Wilna Cornelisse, former CEO of Dutch school De Schakel followed with a touching dedication to a Dutch teacher at De Schakel



who travelled back to Perth in the doomed MH017 from Amsterdam, where she had visited her Mum and sister. A candle next to Dafne's photograph was placed on a table with fresh flowers from the Netherlands.

Mr Arnold Stroobach,

Honorary Dutch Consul and Patron of Dutch Society "Neerlandia" reminded us how often we or our family members have travelled on MH017.

A minute of silence followed.

The Dutch Singers closed the ceremony when they sang both the Australian- and the Dutch national anthems.

This evocative ceremony gave all an opportunity to grief and to express sorrow and sadness about this senseless act of aggression; an opportunity to show respect for the loved ones left behind.

Despite changing times, the number of attendance to the ceremony confirmed, the need for a Dutch Club to celebrate our cultural heritage.

Further in the magazine you will find an article on this reflection, which was published in The Post, a community paper.

**Lianna Parker**

**President**



**Dear readers,**

The whole world was shocked by the crash of the Malaysian flight MH17, also known as KL4103. The Netherlands and Australia suffered great loss of lives and the Dutch Community in Perth did not come away unscathed.

Dafne Nieveen, a Dutch language teacher employed at the Carine Dutch Language School was one of the victims.

She was returning to Perth from an Education Conference in the Netherlands.

I would like to convey our sincere condolences to all her friends in Perth and her family in the Netherlands.

A serene well conducted Memorial Ceremony was held at Neerlandia and the full details of this are covered elsewhere in this issue.

## The Soccer World Cup

On a lighter note the sleepless nights of the World cup are now well and truly behind us and the Dutch national team did not disappoint. To go out in a semi-final on penalties and to defeat Brasil in the play-off for 3rd place was not such a bad result overall. Of course we all had high hopes that finally the Dutch would come home with the bacon, but it was not to be. They get another chance in 4 years time.

## Readers comments.

I got an interesting request to publish the Sudoku results as well as the Codeword results each month. This is a reasonable suggestion and it should be possible to achieve that, although it will need some working out. There will also be some delay as your editor is presently on holidays at Coral Bay.

**Pieter Leeftang.**

## IN LOVING MEMORY

Passed away on the 10th of July,

**Jannie van Praag (aged 97)**

One of our original members.

Our sincere condolences to her family  
the DJVV (Jeugd van Vroege)  
and the Dutch Society Neerlandia



**May She Rest in Peace.**

# REFLECTION CEREMONY FOR THOSE WHO PERISHED IN THE MH - 017 TRAGEDY AND THEIR LOVED ONES

**Friday 25 July 2014**  
**At the Dutch Club**

Good Evening ladies and gentlemen, thank you for your presence on this sad evening.

My name is Lianna Parker, President of the Dutch Club in WA.

On behalf of the Committee I would like to welcome our special guests Mr Arnold Stroobach, Honorary Dutch Consul and Patron of Dutch Society "Neerlandia" and Mrs Wilna Cornelisse, former CEO of De Schakel.

---

An empty sheet of paper was waiting for the words that I would speak tonight.

But I could not find the words as there are no words to describe the sadness and the disbelief; there are no words to ask my questions.

Oma's and Opa's, brothers and sisters and parents too;  
friends, children and lovers  
forever gone.

When I think of the victims of this senseless tragedy, my heart is breaking.  
Wasted lives ...

When I think of their loved ones who are left behind, I wonder how the sun will ever shine for them again.

To love and to be loved is most wonderful  
yet therefore,  
to loose love unexpectedly is most devastating.

It doesn't matter who you love,  
your child, your parent, partner or your friend  
This unexpected cruel loss of your loved one  
rips your soul apart

What could I say?  
I tried again to find the words to speak tonight  
I closed my eyes and thought  
but words did not come to mind  
just tears that wet my eyes

As my sheet stayed empty  
I turned to Shakespeare's Sonnet 116:

## **SONNET 116**

Let me not to the marriage of true minds  
Admit impediments. Love is not love

Which alters when it alteration finds,  
Or bends with the remover to remove:  
O, no! it is an ever-fixed mark,  
That looks on tempests and is never shaken;  
It is the star to every wandering bark,  
Whose worth's unknown, although his height be taken  
Love's not Time's fool, though rosy lips and cheeks  
Within his bending sickle's compass come;  
Love alters not with his brief hours and weeks,  
But bears it out even to the edge of doom.  
If this be error, and upon me prov'd,  
I never writ, nor no man ever lov'd.

---

## ***(Dutch version)***

Het lege blad lag voor mij, te wachten op de woorden die ik vanavond spreken zou.

Maar, woorden vinden kon ik niet; ik ken geen woorden om het verdriet, het ongeloof te beschrijven. Of om mijn vragen te stellen.

Oma's, opa's, broers en zussen, ouders met kinderen, vrienden en geliefden  
zij zijn niet meer.

Wanneer ik denk aan de slachtoffers die omkwamen in deze onbegrijpelijke tragedie, dan breekt mijn hart.

Wanneer ik denk aan hun nabestaanden dan vraag ik mij af hoe voor hen de zon ooit weer schijnen kan. De nabestaanden die verder moeten leven zonder hen die hun lief zijn.

Liefde in je leven is het mooiste dat je overkomen kan;  
maar daardoor ook het meest verwoestende wanneer je het ineens verliest.

Het geeft niet wie je liefde is, je kind, je partner, je ouder, je vriend,  
het onverwacht verliezen van hen die je lief hebt, rukt de ziel uit je lichaam.

Ik probeerde weer om woorden te vinden; ik sloot mijn ogen en dacht na,  
maar woorden kwamen niet, slechts tranen  
En mijn blad bleef leeg.

Toen ontving ik een gedicht via een Neerlandia lid en dit gedicht wil ik graag met u delen:  
(Gedicht op pagina 8)

## Gedicht van een moeder Malaysia Airlines MH17 17-07-2014

Een moeder blijft vol zorgen  
al zijn ze nog zo groot.  
"Niet doen mama, stel je niet aan!  
Ik ga op reis, niet dood!"  
Hij ziet mijn rode ogen  
ik kan er niets aan doen  
Ik pak mijn kind nog 1x vast  
een knuffel en een zoen  
Veel plezier, een goede reis  
en doe voorzichtig vent  
Kom heel terug, en bel me daar  
als je daar eind'lijk bent.  
Hij lacht me toe en loopt dan weg  
een grijns op zijn gelaat  
Hij is zo blij met deze reis  
zo lang al voor gespaard  
"I love you mam ! Pas goed op pap  
het duurt niet al te lang  
Ik ben weer terug voordat je 't weet  
Maak je maar niet te bang"  
Daar gaat hij dan, hij zwaait nog wat  
ik zie nog in een schicht  
Het inchecken, zijn lieve snoet  
en dan is hij uit zicht  
De rit naar huis staar ik omhoog  
Zou dat zijn vliegtuig zijn?  
Ik hoop dat hij me snel weer belt  
dan zal hij veilig zijn.  
Thuis gekomen, even rust,  
een boodschapje gehaald

Het eten alvast klaar gezet  
M'n hoofd die nog steeds maalt  
Ik eet vanavond op de bank  
want nu het stil is thuis  
is tafeldekken nutteloos  
Dus eten voor de buis  
De beeldbuis aan, het bord op schoot  
Er komt extra journaal?  
Er is vast een ramp gebeurd  
Het is wat allemaal  
Het nieuws begint en plotseling  
staat alles even stil  
De burenbanken op de deur  
m'n man slaakt hard een gil  
Mobieltjes rinkelen op de kast  
M'n hoofd spat uit elkaar  
Ik kijk naar beelden op tv  
en dan wordt het gewaar  
De beelden van het vuur, het puin  
de koffers op de grond  
Het vluchtnummer, de maatschappij  
m'n bord valt op de grond  
M'n ogen zien alleen nog zwart  
Is dit een visioen?  
Een droom, niet waar, een stomme grap?  
Ik gaf hem net een zoen!  
In de hopen smeulend afval  
in die beelden op tv  
zie ik steeds je lieve glimlach  
die je net nog naar me deed.

Mama

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# Neerlandia AGM—Sunday 28 September

## **Neerlandia AGM:**

On Sunday the 28th of September 2014, starting sharp at 1.00 pm, our **Annual General Meeting** will be held in the Neerlandia Clubhouse.

## **Elections of Committee:**

*This year, in accordance with our constitution and considering the fact that some Committee Members were appointed mid-term by the Committee, nominations are called for the following positions:*

**Vice-President (two year term)**

**Secretary (two year term)**

**4 Committee Members (two year term)**

**2 Committee Members (one year term)**

*Sitting Committee Members and their present status regarding the election:*

**President:** Lianna Parker - One year to go

**Vice-president:** Tony Horsten - Available

**Secretary:** Inge van Maanen - Available

**Treasurer:** Henry Koldenhoven - One year to go

## **Committee Members:**

Henk Hanemaaijer - One year to go

Karin Eastwood - Available

Nelly Maarssen - Available

Anne Heystek - Not Available

Gerry Creemers - Not available

Henk Oorschot - Available

**Lianna Parker**

**The following motion has been received for the 2014 AGM:** That Clause 21 (WINDING UP) of the constitution will be changed as follows:

## **Delete the following words:**

21. In the event of winding up, the assets of the “Dutch Society Neerlandia” will be remitted to such an institution or organisation referred to in the Income Tax Assessment Act 1937-1971, as amended.

## **And replace them with the following:**

21. The Club may be dissolved or wound up by an order of the Supreme Court or by a resolution passed at a Special General Meeting by three fourth's majority of the Members present at that meeting and eligible to vote.

Any remaining funds and property after satisfaction of debts and liabilities shall not be paid to or distributed amongst the Members or previous members of the Club, but shall be given or transferred to:

(a) One or more Incorporated Clubs or Organisations having objectives similar to those of the “Dutch Society Neerlandia”; or

(b) One or more Charitable Organisations

This gift or transfer is to be determined by a resolution of the members when authorising the Committee to prepare a distribution plan of the surplus property of the club in the manner provided under section 33 of the Association Incorporation Act and a certified copy of the resolution shall be sent or delivered to the Commissioner, Department of Consumer Protection.

## **2014 NOMINATION FORM FOR COMMITTEE MEMBERS**

I nominate: Mr/Mrs/Ms.....

For the following position:

**Vice-President** ( ) two year term

**Secretary** ( ) two year term

**Committee Member** ( ) six positions available, four 2-year term, two 1-year term

Signature Proposer..... Membership No:.....

Signature Secunder..... Membership No:.....

**I accept the nomination:.**

Signature Candidate..... Membership No:.....

**All nomination forms must be in the possession of the Secretary before Monday the 8th of September 2014**

**Please put the completed form in a sealed envelope, label it “Nomination for Committee” and hand it in or mail it to: The Secretary, Dutch Society Neerlandia, PO Box 200, Wembley WA 6913**

# Sunday Brunch

## Sunday Brunch.

On Sunday the 13th of July a Sunday Brunch was held at Neerlandia, which was attended by close to 50 people. However, 35 of these were members of the Klaverjas Club Neerlandia, as their committee had decided to invited their members to participate in a free Brunch, which was very greatly appreciated by their members.

I am sure that Neerlandia will be grateful for their support in these difficult times. But is also shows that without the Klaverjas Club, the event would have been cancelled through lack of participants.

The round tables with red placemats looked great and the “Uitsmijter” that was served, was fantastic.

Thank you Neerlandia Committee and Volunteers for a enjoyable morning.

**A grateful Klaverjas Player.**





## CRIMINAL PRACTICES IN YOUR CLUB

Over the past few months the Club has suffered 4 cases of cash money stolen from the main bar, the small bar and twice from the shop.

The doors have been opened with the front door key, the alarm has been switched off and entry was gained to the areas mentioned above.

The police is now involved and they are assisting the club finding the club member(s) who is (are) stealing the money from us.

To prevent more criminal incidents, the shop will now only be open at limited times when a key holder is available.

If you have any suggestions who amongst us, with keys to the premises, would be immoral enough to steal from the club, please don't hesitate to (anonymously) contact any of the Committee Members.

Meanwhile the police and Neerlandia are cooperating closely together.

On behalf of the committee

**Lianna Parker**

## DE NEERLANDIA WINKEL

### Levensmiddelen en allerlei lekkernijen uit Nederland

- ... Bitterballen, kroketten & frikandellen.
- ... Leidse & Goudse Kaas
- ... Ontbijtkoek, gemberkoek en kandijkoek
- ... Groenten in glas en in blik
- ... Zoute drop, stroopwafels, gesorteerde koekjes & beschuit
- ... Gestampte muisjes, hagelslag, fruithagel & chocolade vlokken
- ... Amandelkoeken, kano's, amsterdammers & speculaasjes en speculaasbrokken
- ... Een sortering van andere koekjes

**Important news: Mackerel is still in stock again but all the Herring has sold out**

### De Neerlandia Winkel is open op de volgende dagen:

- |                                   |                         |
|-----------------------------------|-------------------------|
| Elke woensdag                     | van 10.00 am - 1.00 pm  |
| Elke tweede donderdag (DJVV week) | van 11.00 am - 2.00 pm  |
| Elke donderdagavond               | van 10.00 pm - 11.00 pm |
| Iedere vrijdag                    | van 10.00 am - 12 uur   |

**De Neerlandia winkel is bemand door vrijwilligers en daarom moeten de bovenstaande tijden een beetje ruim genomen worden**



**17 September  
Mid Month Movie Meeting**

## **SONNY BOY**

**Based on a true story of a forbidden love  
before and during WWII.**

**The story is predominantly set in The Hague, the Netherlands**

**Club opens at 7.00pm**

**Movie starts at 7.30pm**

**Bar open, complimentary tea and coffee**

**Admission \$2.50 members and \$3.00 for non-members**

**Not suitable for children – Children's Paradise will be closed**

**Dutch Language movie**

**We are looking forward to you joining us at the Dutch Club to  
watch a movie together.**

**For details regarding MMMM**

**Please contact**

**Lianna Parker email: [lianna\\_parker@bigpond.com](mailto:lianna_parker@bigpond.com)**

**([lianna\\_parker](mailto:lianna_parker))**

**or mobile phone: 0437 629 635**

**and/or**

**Inge van Maanen email: [ingevanmaanen@hotmail.com](mailto:ingevanmaanen@hotmail.com)**

**or mobile phone: 0448 218 788**





September 2014

## CURA IN-HOME CARE NEWSLETTER

The Official Publication of Dutch Aged Care Western Australia Inc.  
Trading as Cura In-Home Care

### *New arrangements from the Government for Home Care Packages/Residential Care*

#### ***What if I can't afford to pay?***

The Australian Government recognises that not everyone can afford to pay aged care fees and charges. If you can't afford to pay, don't worry, there are hardship provisions to ensure that you can still receive the care you need.

#### ***What is financial hardship assistance?***

Financial hardship assistance helps you when difficulty paying fees and charges for Home Care Packages or Residential Care. Your fees and charges may be reduced or waived according to your individual circumstances. In these circumstances, the Australian Government will pay some or all of your fees and charges on your behalf. Hardship assistance will be granted in circumstances beyond your control, such as difficulties selling your home and not due to a choice you have made (such as giving away your assets).

#### ***Financial hardship assistance for Home Care Packages***

Financial hardship assistance is available for your basic fee and/or income-tested care fee if you started receiving a Home Care Package on or after 1 July 2014.

#### ***Will I be eligible for Home Care Package financial hardship assistance?***

You will not be eligible for financial hardship assistance for Home Care Package costs if you:

- ... are a self-funded retiree and have not completed and lodged an income assessment form with the Department of Human Services
- ... have gifted more than \$10,000 in the previous 12 months or more than \$30,000 in the previous 5 years
- ... have assets, unless they are unrealisable assets, valued at more than \$32,869.20 (from April 2014).
- ... For Home Care Packages, the value of your assets will be taken into account as part of the assessment process for financial hardship assistance.

#### ***Financial advice***

You may want to consult with a financial adviser about your finances. There are various government services and resources that can help you obtain appropriate financial advice. It's a good idea to do some research to see what options work best for you.

#### ***How do I apply for financial hardship assistance?***

To apply for financial hardship assistance you must complete and lodge the relevant Department of Human Services application for financial hardship assistance form. There are separate forms for Home Care Packages and aged care homes.

For Home Care Packages, if you are a self-funded retiree you must have completed and lodged an income assessment form with the Department of Human Services.

For aged care homes you must have completed and lodged an income and assets assessment, known as a means tested assessment, form with the Department of Human Services.

More information about the financial hardship application process will be available on the Department of Human Services website.

#### ***How long will it take?***

Once the Department of Human Services receives your application it will be assessed within 28 days. You will be notified of the decision in writing.

If further information is required by the Department of Human Services in order to assess your application for financial hardship assistance, then the assessment will be completed within 28 days from receiving the additional information.

## Doe mee, blijf fit.

Our exercise group 'the Movers' get together each second Thursday to make our muscles work a bit better...

Often following a teacher on a video or Annegret (our instructor) takes the lead.

Once an exercise video was brought in, playing Hawaiian music but the rhythm was a bit fast, our arms and legs were flying around.

But it created quite a bit of laughter... After the exercises we play some bowling and also do mind games...

Robby who is 93 years old, is always the best at everything. Do you know, she is the only one who can get her nose to her knees....Or is it her knees to her nose ????

The other day we had a bit of group laughter, because she had "forgotten to put in her ear rings", what a disaster, no bright spark!

Robby still visits people who are home-bound in her area, with her own car.

Now that's enough about Robby, otherwise you are going to think that she pays me for this....

A picnic had been planned but due to bad weather it was postponed. In the meantime, we will update our old rubber boots by giving them a lick of paint and with some artistic flair decorate them with some tulips.

This would be good as no one can go astray like in a "kindergarten group"! No only kidding!

Our group has come from different countries.

This can be noticed when we are having our soup and cheese sandwich our 'reward' for working hard..

I have nicknamed us "Babylon". You should hear us.

After we have our fun, it is time to go home and transport is provided, the same as it was in the morning.

The care is excellent and we all have become friends.

Always with a smile and respect in every way we say our farewells. We are so fortunate to receive this wonderful care. Guess who's looking forward to the next session?

Ria

## Dutch Aged Care (Western Australia) Inc

**Renewal subscription for the period from  
1st July 2014 – 30 June 2015**

NAME Mr/Mrs.....

ADDRESS.....

.....POSTCODE.....

EMAIL .....

**CATEGORY OF MEMBERSHIP      ANNUAL SUBSCRIPTION**  
(Please circle)

- |  |         |
|--|---------|
| 1. Individual Membership                     | \$20.00 |
| 2. Pensioner / Senior Card Holder Membership | \$10.00 |

Signature .....

Date .....

Please make cheque / money order payable to :

Dutch Aged Care (Western Australia) Inc.

Address: The Secretary

PO Box 1154

West Leederville WA 6901

Or pay by bank deposit BSB 036065 Account 129635

Please provide your surname followed by 14/15

All donations \$2.00 and over are tax deductible.

The above membership fees are GST inclusive.

The principal aim of Dutch Aged Care (WA) Inc. shall be to assist in maintaining or improving the quality of life of persons who are aged and living in the Perth (WA) metropolitan area and who identify with the Dutch or German speaking culture.

## The Board of Management:

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Vacant

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**Secretary:**

Vera Horsten

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Gerry Creemers

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Please contact our office.

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Vera Horsten

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**CACP Coordinators:**

Annegret

José

**CVS/HVS Coordinators:**

Sigi

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**E-mail:**

dacwa@dacwa.org

**Web site:**

www.DACWA.org

**Editor:** Regine

**Ast. Editor:** Pieter Leeftang

Joyce

HAPPY RETIREMENT



Our wonderful CVS Coordinator Joyce is going to retire. We spoiled her with a morning tea to say ,”good bye”, “good luck” and “farewell”. And we hope to see her coming around occasionally.



### CAN YOU HELP US?

We need some more volunteers, who can visit some lonely Dutch people.

Can you spare one hour a fortnight to visit someone in residential care or at home?

Volunteering gives joy and happiness, enriches lives on both sides.

We offer plenty of support, reimburse \$8.- for each fortnightly visit and back you up with training.

Spoil you with 2 social outings twice a year.

Please phone:

Siggi at Dutch Aged Care

9382 4186

0488 055 314

or e-mail CVS@dacwa.org

**Cura In-Home Care.  
New Members this  
quarter:**

Mr And Mrs Willson

Mrs Lingius

Mr & Mrs Jansen

Mr Henk Sijbranda



## Laughter is still the best medicine



### Golf Players take their sport seriously.

Jim decided to tie the knot with his long time girlfriend.  
One evening, after the honeymoon, he was cleaning his golf shoes.  
His wife was standing there watching him.  
After a long period of silence she finally speaks.  
"Honey, I've been thinking, now that we are married I think it's time you quit golfing.  
Maybe you should sell your golf clubs."  
Jim gets this horrified look on his face.  
She says, "Darling, what's wrong?"  
"There for a minute you were sounding like my ex-wife."  
"Ex wife!" she screams, "I didn't know you were married before!"  
"I wasn't!"

---

### Divorce vs Murder ....

A nice, calm and respectable lady went into the pharmacy, walked up to the pharmacist, looked straight into his eyes, and said: "I would like to buy some cyanide."  
The pharmacist asked: "Why in the world do you need cyanide?"  
The lady replied: "I need it to poison my husband."  
The pharmacist's eyes got big and he exclaimed: "Lord have mercy! I can't give you cyanide to kill your husband, that's against the law? I'll lose my license! They'll throw both of us in jail! All kinds of bad things will happen. Absolutely not!  
You CANNOT have any cyanide!"  
The lady reached into her purse and pulled out a picture of her husband in bed with the pharmacist's wife.  
The pharmacist looked at the picture and replied: "You didn't tell me you had a prescription."

---

### FIFTY SHADES OF GREY - a husband's point of view by Pam Ayres.

A "Zimmer" is the British term for a Gopher.  
The missus bought a Paperback  
down Shepton Mallet way  
I had a look inside her bag  
.. T'was "Fifty Shades of Grey"

Well I just left her to it  
And at ten I went to bed  
An hour later she appeared  
The sight filled me with dread

In her left she held a rope  
And in her right a whip  
She threw them down upon the floor  
And then began to strip

Well fifty years or so ago  
I might have had a peek  
But Mabel hasn't weathered well  
She's eighty four next week

Watching Mabel bump and grind  
Could not have been much grimmer,  
And things then went from bad to worse  
She toppled off her Zimmer

She struggled back upon her feet  
A couple minutes later  
She put her teeth back in and said  
"I am a dominator !!"

Now if you knew our Mabel  
You'd see just why I spluttered  
I'd spent two months in traction  
For the last complaint I'd uttered

She stood there nude and naked  
Bent forward just a bit  
I went to hold her, sensual like,  
but stood on her left ...

Mabel screamed, her teeth shot out  
My god what had I done!?  
She moaned and groaned then shouted out  
"Step on the other one!!"

Well readers, I can't tell no more  
About what occurred that day  
Suffice to say, my jet black hair  
Turned fifty shades of grey



Page 6 - POST, August 2, 2014

# Tragedy leaves Dutch Club leader speechless

By RHIANNON SHINE

**WA's Dutch Club has paid tribute to the 193 Dutch and 36 Australians killed in flight MH17.**

On the last Friday of every month, Dutch Club members gather in Wembley to celebrate their culture and Perth's strong Dutch community.

But Dutch Club president Lianna Parker said last Friday evening's gathering had not been a celebration.

"At 7.30pm we had welcomed about 200 people who had come together in the club to give space to their grief," she said.

At 8pm Ms Parker addressed the gathering in Dutch and English.

"An empty sheet of paper was waiting for the words that

I would speak tonight," Ms Parker said.

"But I could not find the words, as there are no words to describe the sadness and the disbelief."

"Omas and opas [grandparents], brothers and sisters and parents too, friends, children and lovers - forever gone."

Malaysian Airline Systems flight MH17 was flying from Amsterdam to Kuala Lumpur on July 17 when it was shot down over the Ukraine.

Most of the passengers were Dutch.

"When I think of the victims of this senseless tragedy, my heart is breaking," Ms Parker said.

"When I think of their loved ones who are left behind, I wonder how the sun will ever shine for them again."

"I tried again to find the words

## MH-017

Onbegrijpelijk, toch gebeurd  
Mensenlevens, weggescheurd  
Buurman, kennis, leraar.....vriend  
Oma, mama, papa.....kind

Rode boekjes, gouden leeuwen  
Half verbrand en harten schreeuwen  
Knuffels weggerukt uit kleine handen  
Toekomstdromen, stil verbranden

Verbijstering, woede, intens verdriet  
Niet welkom in het rampgebied  
Doffe tranen, hulpeloosheid  
Stille tochten, waardig afschijf

Rijen mensen langs de wegen  
Zien zwarte auto's voortbewegen  
Zonnebloemen in een veld  
Een gms die alsnog belt

Afscheidsworden nooit gesproken  
Verbinding permanent verbroken

Titia Koopman



WA Dutch Club president Lianna Parker at the Wembley clubhouse.



# Sunday Drive Results and September Birthdays

## July Sunday Drive.

On Sunday the 6th of July our Sunday Drive was held.

Despite the rain and wild weather, we still had six tables, which was a very good attendance. Klaverjassers sure are a keen bunch!

We welcomed Back Piet Seegers, still on crutches after his work accident, he still was not allowed to drive, but he has not forgotten his klaverjassen skills.

We also welcomed Wout Moesker and his daughter Wilma, who both enjoyed the game. Thanks to Freda for preparing the lunch on her own, this was much appreciated.

At 11.00 the competition started and after 3 hours of fierce competition, the scorecards were checked.

The result was we had a run-away winner, which was Con van der Putten and the third place was shared as there were two players with identical scores, which was the first time that has happened.

The prize winners were:

1st prize:	Con van der Putten	7493	points
2nd prize:	Henk Arts	6873	points
3rd prizes:	Anne Verhoogt	6843	points
	Piet Leeftang	6843	points

The August Sunday Drive will be organised by someone else as I will be away on holidays and Piet Leeftang, who normally helps out, will also be away on holidays.

Cheers from

**Gerry Creemers**



**The Winners: 1st Con van der Putten (front); 2nd Henk Arts (left) 3rd Anne Verhoogt & Piet Leeftang**

The following Members will celebrate their birthday during **the month of September 2014.**

We wish them all a very **Happy Birthday!**

Henk (Hendrik)	Hanemaaijer
Wes	Lenghaus
Rose-Marie	McNamara
Hendrika (Rita)	Klesch
Liora	Ebben
Nelly	Maarssen
Kaye	Wegman
Maria (Ria)	Nissen
Roger	Overmeire
Pieter	Hoedemaker
Adrian	Liebrechts
Hans	van Zwol
Riet	van Emden
Johanna	Bellekom
Mary	Brinkman
Louis	James
Nell	Bakker
Nella	Jansen
Hinke	Frigeri
Jan	Gunnink
Johanna	Kempen
Lenie	van der Weg
Marion	Boere
Euan	Leslie
Ric	High
John	Boshart
Gerda	Arts
Toos	Indrisie
Corrie	Smit
Loeky	Lopez
Gon	de Jong
Adrian	Joel
Elly	Lubout
Bart	Struyke
Anna	de Geeter
Rene	van Wichen



If your birthday is not mentioned or the details are not correct, this means that we have the incorrect data entered in our membership database. Or you may wish that your birthday is not mentioned at all.

To make changes to the above you need to send an e-mail to the following:

**Membership Administration**

# End of Month Drinks

The next End of Month Drinks will be held on Friday the 29th of August and the one after that on the 26th of September.

If you would like to give us a hand to ensure we have enough volunteers to keep everyone happy, please contact Inge van Maanen  
[ingevanmaanen@hotmail.com](mailto:ingevanmaanen@hotmail.com)

Only with your continued support as volunteer will the EoM Drinks survive.

The Bar will be open from 5.30 pm - 9.00 pm; the kitchen will close at 8 pm.

And you are all welcome to come for some relaxation, meet up with old friends

or make new ones and enjoy a Dutch beer  
or a Dutch snack or just a cup of coffee!

Available from the Kitchen there will be:

Fresh Coffee & Dutch Appeltaart!

A variety of traditional Dutch snacks.

And the Neerlandia Shop will be open for your convenience!

*Everyone is welcome - Everyone is welcome*

## IMPORTED DUTCH LIQUOR

OUDE	Jenever
\$55.00 PER LITER	
JONGE Jenever	\$50.00 PER LITER
CITROEN Jenever	\$50.00 PER LITER
BEERENBURG	Out of stock
RODE BESSEN Jenever	\$50.00 PER LITER
ZWARTE BESSEN Jenever	Out of stock
CITROEN BRANDEWIJN	Out of stock
KERSEN BRANDEWIJN	\$40.00 PER LITER
MILLWOOD LIQUEUR	\$35.00 per 700 ML
DIKKE ADVOCAT	\$32.00 per 700 ML

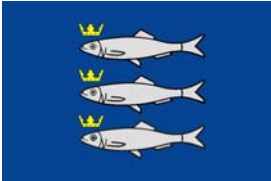
### THESE ARE AVAILABLE WHEN THE BAR IS OPEN:

hursdays Evenings:	7.00 pm—8.00 pm
Fridays:	10.00 am—Noon
Organised Functions:	See page 2
Every Wednesday from:	
11.00 am—1.00 pm	
Every 2nd Thursday from:	
11.00 am—1.00 pm	





# The coastal town of Scheveningen



*Flag and Coat of Arms*

Contrary to popular belief, Scheveningen was never an independent municipality but it has its own flag and coat of arms, officially recognized by The Hague local council (proposal 136 of 23 March 1984); even in the Middle Ages it was part of the same administrative region as The Hague.

Presently Scheveningen is one of the eight districts of Den Haag (The Hague), as well as a subdistrict of that city. Scheveningen is a very popular modern seaside resort with a long sandy beach, an esplanade, a pier, and a lighthouse. The beach is popular for water sports such as windsurfing and kiteboarding. A nudist section is 1 km to the north. The harbor is used for both fishing and tourism. It has many attractions and is popular with tourist as well as the locals.

## History

The earliest reference to the name 'Scheveninghe' goes back to around 1280. There is anecdotal evidence of the name Scheveningen being used as a shibboleth during World War II to identify German spies: they would pronounce the initial "Sch" differently from Dutch native speakers. The first inhabitants may have been Anglo Saxon. Other historians favour a Scandinavian origin. Fishing was the main source of food and income.

The Battle of Scheveningen was fought between English and Dutch fleets off the coast of the village on 10 August 1653. Thousands of people gathered on the shore to watch this epic battle.

A road to neighbouring The Hague was constructed in 1663 (current name: Scheveningseweg).

In 1470, a heavy storm destroyed the church and half the houses. The village was again hit by storms in 1570, 1775, 1825, 1860, 1881 and 1894. After this last storm, the villagers decided to build a harbour. Until then, the fishing boats had had a flat bottom (bomschuiten), and were pulled up the beach. Around 1870 over 150 of these boats were in use. Once the harbour had been constructed in 1904, more modern ships replaced the bomshuiten. In 1818, Jacob Pronk constructed a wooden building on a dune near the sea, from where people could bathe from four separate rooms. It marked the start of Scheveningen as a bathing resort. Since then, Scheveningen has attracted numerous tourists from all over Europe, notably from Germany.



**28° in the Netherlands**

Nevertheless, Scheveningen always had a strong identity of its own. For instance, it had its own soccer club, playing in the highest Dutch division ("Scheveningen Holland Sport" was its name). In the course of the second half of the former century this club was forced to merge with ADO Den Haag.

## Veronica Pirate Radio Station



**Veronica ship MV Norderney, Scheveningen, April 7, 1973**

From April 21, 1960 the pirate radio station Radio Veronica broadcasted its programs from an anchorage in the North Sea about four miles off the Scheveningen coast, originally calling itself VRON (Vrije Radio Omroep Nederland; Free Radio Station [of the] Netherlands). It was joined by Radio Noordzee Internationaal (RNI) in 1970 and the re-launched as Radio Caroline in late 1972. When the Netherlands ratified The Treaty of Strasbourg on September 1, 1974, Veronica applied for legal status and became the VOO and Caroline moved anchorage to the English coast and RNI closed down completely. Memorable episodes during this period included the stranding of Radio Veronica's ship the Norderney, which lost its anchor in a storm and ran aground on Scheveningen beach on April 2, 1973 and a firebomb attack on RNI's ship the Mebo II on 15 May 1971.

## Vlaggetjesdag (Flagsday)

On this festive day all the boats in and the streets around the harbour are decorated with flags and bunting to celebrate the arrival of the Dutch Herring Boats with the first catch of the season. This event depends on the annual run of the herring at sea and the quality of the catch.



Slightly salted Herring with raw onions is a delicacy enjoyed by the Dutch and those tourist that are game enough to overcome their dislike of eating raw fish.

The first small vat of herring that lands ashore is usually sold by auction and the proceeds are donated to charity. The Herring stalls at Scheveningen are renowned for the quality and freshness of the herring sold.





# The coastal town of Scheveningen

## The Kurhaus and beachfront

The hotel and restaurant Kurhaus was opened in 1886.

The Kurhaus was built between 1884 and 1885. It consisted originally of a concert hall and a hotel with 120 rooms. Having suffered serious damage by fire, it was rebuilt between 1886 and 1887. The ceilings were painted by the Brussels artist

Van Hoeck. Several kings and heads of state sojourned in the Kurhaus during its heyday. Until the 1960s, the Kurhaus remained an attraction to the public via the many performances by top artists and annual Jazz concerts attracting top bands and artists.

Fallen into disrepair and closed in 1969, the Kurhaus was saved from demolition in 1975 by being listed as a historic building and completely renovated. It was reopened in 1979 by Princess Beatrix.



## Madurodam

Madurodam is a small scale miniature town at Scheveningen and is since many years one of the most important



tourist attractions of the conurbation of Western Holland. On a scale 1:25 a charming picture of The Netherlands is given in bird's eye view: several important buildings, churches and townscapes are reconstructed up to the smallest details. There is also a fine transport system: a network of railroads, harbours and



motorways covers the park and Madurodam Airport enables air traffic with all continents.

## Shopping in Scheveningen.



The beach makes Scheveningen the only Dutch city where you can stroll along the coast and enjoy the variety of shopping and dining seven days a week with the North Sea as your backdrop. A cinema, a luxury hotel, a casino, a theatre, a Michelin-star restaurant and a vast array of bars, shops and cafés right on the beach give the area a special feel.

The Palace Promenade, the versatile indoor shopping mall is open 365 days a year, allows you to shop in comfort regardless of the weather.

Its wide range of shopping facilities allows customers to do their daily grocery shopping as well as make many other kinds of purchases: The gift shops are open here seven days a week. During the summer, the shops even stay open until 22.00 hrs.

The shopping mall also provides fun and recreation. In addition to the amusement arcades and bowling centre, it also has GlowGolf and a Casino. In other words, there's plenty to do in the Palace Promenade.

*(Article compiled from the internet By Piet Leeftang)*



Sand sculptures at the beach



The Terraces are full on a sunny day



Lost at Sea Monument

## Profile of a newer migrant



### **Profiel Marieke Weerheim.**

I first came to Australia in 2000 to study Little Penguins. This work was a voluntary extension of my Master of Science (MSc) study at the Universiteit Utrecht. Although I had completed all the required work to be awarded

my degree, I felt that I needed more field experience to turn me from a "bookshelf biologist" into a real scientist. I found a supervisor at Charles Sturt University in Albury-Wodonga, New South Wales (NSW) and thus, big ideas in hand, I boarded a plane to jump in the deepest deep end I could find.

During my first 24 hours in Australia I encountered, in chronological order, Prime Minister John Howard, Vegemite on toast and a pod of humpback whales viewed from the window of a helicopter. Not a bad start.

Albury-Wodonga is land-locked and quite devoid of penguins, so the actual fieldwork took place elsewhere, on Montague Island, 9 km offshore from Narooma in NSW. Montague Island has only four buildings:

a beautiful lighthouse built from stones carved from the island's rocks and three historic houses for the lighthouse keepers. The light is now automated. When I was there, the largest house was home to a National Parks and Wildlife Services ranger. The second house was a museum and had a ghost. The third provided accommodation for visitors and for four months this was my home.

Apart from the ranger, the island was virtually uninhabited, but wildlife was abundant. There were fur seal colonies, terns, gulls, and other seabirds and tiny lizards. The stars of the show were 10,000 noisy penguins. At dusk they would flood the island like a braying, whirring, blue extension of the ocean. At dawn only poo stains on the rocks revealed that they were ever there. I spent four months searching for their nests and taking notes while their eggs hatched and their chicks grew.

When the penguins had finished breeding, I returned to the mainland to write my thesis. First to Albury-Wodonga, then to Canberra where I combined thesis writing with doing volunteer fieldwork for CSIRO Sustainable Ecosystems. When my visa ended and my thesis was completed, I flew back to the Netherlands to graduate. I kept in contact with the people I had met during my first visit and in 2003 I returned to Canberra to do more volunteer work with CSIRO, this time as a field assistant doing bird surveys.

To thank me for my volunteer work, CSIRO covered my fees for the 2003 Ecological Society of Australia Conference in Armidale, NSW. It was here, on a post-conference tour, that I met a young scientist from Perth who would later become my partner. At the end of the conference we both flew home, but stayed in contact with emails and phone calls.

In 2005 I came to Perth for a visit and in 2006 I moved to Perth permanently to live with him.

In my first two years in Western Australia, I did a MSc study on black cockatoos at Edith Cowan University. After I graduated, I started working as an environmental consultant, doing biological surveys across the state.

I also went on campouts with Birdlife Australia and did volunteer fieldwork for the Australian Wildlife Conservancy.

Through these journeys I was fortunate to see a lot of Western Australia's stunning remote places, that are still truly wild. I explored red ironstone gorges, crawled through caves and was swooped by Ghost Bats, wandered across Gibber Plains chasing perfectly camouflaged creatures and watched Australian Bustards display only meters away from me.

Outside of my travel adventures, I lived in Perth, where I did and still do a lot of bike riding. I ride my bicycle for the same reason that I walk and breathe, it is the natural thing to do. It is part of being Dutch and my confirmation of being Dutch. It also allows me to eat more "appeltaart" without feeling guilty.

I first encountered Dutch Club Neerlandia during a work function in a pub in Cottesloe. As the evening progressed, it occurred to me that the number of people dressed in orange was getting improbably high. Indeed, this pub was one of the places where the Dutch community gathered to watch the 2010 soccer world cup. I approached the group and met Lianna Parker, who invited me to the end-of-month (EOM) drinks.

This was four years ago and I still attend as many EOM drinks as I practically can and always on my bicycle. Even while I was pregnant I continued to ride and when my son was born I returned a few months later with him in the bike trailer behind me. My son is now a happy active toddler who enjoys coming to the EOM drinks to run around, play with the other children and charm the adults with his fun-loving fearless enthusiasm.

I hope for him, and for me, that when he has grown into a tall bike rider, there will still be a Dutch club to go to. A place to eat traditional food, to meet old friends and make new ones, to spin a yarn in two languages at once, and to re-boot that intangible part of our identity that makes us Dutch.



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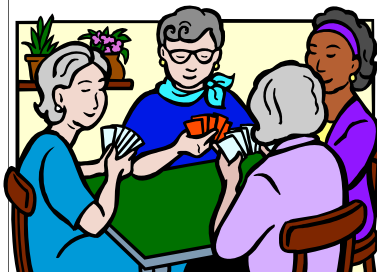
or e-mail: [info@au-revoir-travel.com](mailto:info@au-revoir-travel.com)

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### Sunday Klaverjas Drives.

*De eerstvolgende Klaverjas Drives  
worden gehouden op zondag 7  
September en op zondag 5 October.*

**Kosten: \$8.00 per persoon.**



Kom gezellig  
Klaverjassen in  
het Neerlandia  
Clubhuis.  
De prijzen zijn  
tegoed bonnen te  
besteden in onze

winkel.

Lunch en 2 kopjes  
koffie zijn bij de  
toegangsprijs  
inbegrepen.

Aanvang 11.00 uur.

Iedereen is welkom.



## *holland focus*



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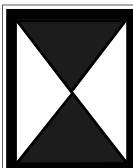
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*(This month a new series on health and well-being and it is our intention to continue these articles for a while. Editor )*

## HEALTH AND WELL-BEING

To keep our membership up to date with ways of staying fit and healthy, we thought you may be interested in the following article.

### The health benefits of walking

Walking strengthens your muscles and heart, lowers your blood pressure and helps build bones. It can even lengthen your life. According to research, walking vigorously for 30 minutes just six times a month may lower your risk of premature death by 50%.

It's relatively easy on the joints and bones, with walking putting about half the stress on your knees, ankles and shins than running does. But you'll have to give more effort than you would to a casual stroll. To get all the great benefits, including boosting your cardiovascular fitness, you need to "power walk" – moving at a pace that will bring your heart rate into the target zone.

To be clear, fitness walking is not as fast as race walking. Race walkers, who have an unusual gait that involves swaying the hips back and forth, can easily walk faster than some people jog.

### What is the perfect posture when walking?

A key element to fitness walking is proper posture. Many people slump over when they walk, which, over time, can lead to problems such as muscle strain and pains in the neck, lower back and hips. As you walk, point your chest straight ahead. And tuck in your belly, which is doing a lot of the work in holding up your back. Every five minutes or so, do a mental scan of your posture. If you're not standing straight, pull yourself back into alignment.

### How to use your arms when walking?

Holding your arms still, or swinging them without bending them, will slow you down. Instead, bend your arms to a 90-degree angle and swing them in sync with the opposite leg. This motion will not

only feel more natural, but it will also add speed and power to your walk.

**Lianna.**



**Power walking**

## Result August Sunday Drive

As Gerry and Pieter were both on holidays, Beb Banken had agreed to take charge of the August Sunday Drive and following is her report.

The attendance on Sunday was not bad as there were quite a few people away on holidays.

We had 23 players and at the last minute Ron Bowman came in and that made it 6 tables, thanks Ron you saved our day!

As usual there was a happy atmosphere.

The first players arrived at 10.15 am and spent time over morning tea or coffee. Thea & Freda were in the kitchen to prepare the lunches. Thank you both. After 3 hours of fierce competition the score cards were checked and the winners announced.

The winners were:

1<sup>st</sup> Prize went to Freda Hovingh with a score of 6943

2<sup>nd</sup> Prize went to Corry van Rijt with a score of 6801

3<sup>rd</sup> Prize went to Tiny Swarts with a score of 6509

Thank you everyone for being there.

The September Sunday Drive will be held on Sunday the 7th of September.

**Mrs Bep Banken.**



**Corrie van Rijt 2nd prize; Tinie Swart third prize and Freda Hovingh 1st prize**

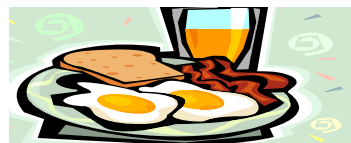


## Upcoming function in November



# St. Nicholas Brunch

**On Sunday the 23rd of  
November at 10.00 am**



St Nicholas and his Zwarte Pieten should surprise us with a visit and they will have a present for everyone. Would you like to meet 'Sint Nicolaas', but you do not like the busy atmosphere at the Children's Sint Nicholas party? Then come to this Brunch.

<b>Tickets:</b>	<b>Members</b>	<b>\$25.00</b>
	<b>Guests</b>	<b>\$30.00</b>



For catering purposes, payment is necessary when you make your booking.

Contacts for bookings:

**Karin Eastwood:** 0439 862610

E-mail: [karin.m@live.com](mailto:karin.m@live.com) or

**Gerry Creemers:** 9356 4207

E-mail: [gerrycreemers@iinet.net.au](mailto:gerrycreemers@iinet.net.au)

**We need a minimum of 40 prepaid bookings by 1 November for this function to go ahead.**

***The payment options are:***

- ... Send your Cheque or Money Order and the function details by mail to: Neerlandia, PO Box 200, WEMBLEY WA 6913.***
- ... Contact Gerry Creemers by phone to arrange credit card payments.***
- ... Come to the Clubhouse on any Friday between 10.00 am and 12.00 pm and pay by credit card or cash.***

# Challenging puzzles by the Puzzle Wizard

20	12	5	17	20	11	11		8	24	21	14	3	13	22
12		9		3		14		24		14		25		24
14	7	19	20	10		26	25	17		19	14	10	4	22
21		22		18		14		16		7		13		24
11	5	9	10	9	20	17		5	17	24	5	20	17	
		3		13		9	13	13				25		2
2	14	15	25	14	17			14	21	3	20	11	9	14
25				16		15		22		24				10
21	14	11	10	14	17	14			25	3	5	14	10	4
5		1				11	18	20		5		7		
	1	25	24	17	25	21		6	20	17	16	9	10	19
10		20		20		14		20		24		21		9
24	5	20	17	14		11	25	3		26	13	25	9	16
21		7		10		4		19		9		19		14
23	17	20	14	19	18	11		11	14	19	10	18	20	13

## CODEBREAKER PUZZLE



### How to play the Game:

A **Codebreaker** is a crossword puzzle with no clues! Every letter of the alphabet has been replaced by a number, the same number represents the same letter always.

The codes for 2 letters are revealed in this puzzle. Start with entering these letters throughout the puzzle first and then look for a word with most letters given and start guessing your first word. If you are unsure, use a pencil, then you can erase and start again.

*The last Codebreaker was not an easy one even after you found the words "Cuckoo" and "Overlook". But perseverance always pays off and in the end you should have been able to complete it.*

*The solution of the May 2014 puzzle was:*

A=16; B=20; C=9; D=22;  
E=19; F=11; G=17; H=18;  
I=15; J=5; K=26; L=24; M=2;  
N=6; O=1; P=10; Q=25; R=21;  
S=23; T=8; U=3; V=13; W=7;  
X=12; Y=4; Z=14.

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

1	2	3	4	5	6	7	8	9	10	11	12	13
				P								
14	15	16	17	18	19	20	21	22	23	24	25	26
										O		

## Sudoku

The aim of the Sudoku Puzzle is to insert numbers in the boxes to satisfy only one condition: each row, each column and each 3x3 box must contain one each of the digits 1 through 9.

### Sudoku - Easy

7		5		1		6		2
					2		7	
4					9	8		5
9				5	1		4	7
		2				1		
1	4		2	9				6
6		9	1					4
	5		4					
2		4		3		5		1



### Sudoku - Moderate

					1	4		6
8					4			3
	3						7	8
	6	8	3					9
	4						6	
5					7	8	2	
6	8						1	
3			6					4
4		9	7					

# Club information & links to other Dutch organisations

## **Dutch Society NEERLANDIA**

Patron: Hon. Dutch Consul Mr. Arnold J. Stroobach

### **EXECUTIVE COMMITTEE:**

President: Lianna Parker 0437 629 635  
E-mail: lianna\_parker@bigpond.com  
Secretary: Inge van Maanen: 0448 218788  
Treasurer: Henry Koldenhoven 9459 4180  
Vice President: Tony Horsten 9279 5785

### **COMMITTEE MEMBERS:**

Gerry Creemers: Social Secretary 9356 4207  
Henk Hanemaaijer 9274 2236  
Karin Eastwood 0439 862610  
Nelly Maarssen 9459 4431  
Anne Heystek 9405 7402  
Henk Oorschot

### **MEMBERSHIP ADMINISTRATION:**

Robert & Kaye Wegman neerlandia@iinet.net.au

### **MAGAZINE EDITOR:**

Pieter Leeflang 9417 3735  
E-mail: pieter.leeflang@bigpond.com

### **MAGAZINE CONTRIBUTORS:**

Lianna & Inge

### **PROOF READERS**

Riki Schaafsma, Wilna Cornelisse

### **CLUBHOUSE DETAIL:**

Address: 230 Cambridge Street Wembley  
Postal Address: PO Box 200, Wembley WA 6913  
Telephone: (08) 9381 3738  
Fax: (08) 9388 0848  
E-mail: neerlandia@iinet.net.au  
Website: www.dutchclubwa.com

### **BOOKINGS FOR FUNCTIONS, USE OF HALL OR KITCHEN:**

Contacts: Gerry Creemers 9356 4202  
Lianna Parker 0419 181 154

## **LINKS TO OTHER DUTCH ORGANISATIONS:**

### **CONSULATE OF THE NETHERLANDS IN WA**

Hon. Consul Mr. Arnold J. Stroobach Office, 1139 Hay Street WEST PERTH WA 6005

Tel: (08) 9486 1579

Website: www.mfa.nl/can

E-mail: perth.consulate@netherlands.org.au

Opening hours: Mon, Tue, Thu & Fri from 10 am—12 noon  
Applications accepted by appointment only.

### **DUTCH COMMUNITY RADIO IN WA 6EBA 95.3 FM**

PO Box 200 Wembley WA 6913 9271 9994

E-mail: dutchradio@iinet.net.au

Website: www.dutchradioperth.com

Uitzending: elke Zondag 14 – 15.30 uur

### **SBS NATIONAL RADIO 96.9 FM**

Uitzending: Wed & Sat 10.00 am, Mon 12 noon -1.00 pm

### **DUTCH AGED CARE OF WA INC**

Tel: 9382 4186 or: 9382 1983

E-mail: dacwa@dacwa.org

Website address: www.dacwa.org

Kantoor:

230 Cambridge St WEMBLEY WA 6014

PO Box 1154, W. Leederville. WA 6901

Kantoor uren: Maandag - Vrijdag 9:30 – 14:30 uur

Membership application forms can be obtained from our clubhouse situated at: 230 Cambridge Street Wembley. Details how to become a member and Membership Application Forms can also be downloaded from our Website: [www.dutchclubwa.com](http://www.dutchclubwa.com)

### **Private Member's Parties.**

Members, why not celebrate your Wedding Anniversary, that special birthday for you or your parents in the Neerlandia Clubhouse. Contact Gerry Creemers on: 9356 4207 or Lianna Parker on: 0437 629 635 Hall subject to availability.

Neerlandia ensures that the privacy of our members details are maintained and upheld at all times and not disclosed or sold to any other organisation. We are committed to protect your personal information.

## **ANSWA (ASS. NETH. SOCIETIES IN WA)**

Information: Anne Rietveld 9301 1936

### **Australian Dutch Business Community in WA -ADBC**

1139 Hay Street West Perth, WA 6005

### **DE NEDERLANDSE SCHOOL IN PERTH**

#### **"De Schakel"**

Information: Wilna Cornelisse: 041 718 5617 or 9245 1716

E-mail: deschakel@iinet.net.au

### **DE NEDERLANDSTALIGE SPEELGROEP IN COTTESLOE**

Information: Diana den Hoedt,  
E-mail: dutchplaygroupperth@hotmail.com

### **DUTCH Courier (Dutch Australian Monthly)**

PO Box 1141 CROYDON, Victoria 3136

### **NEERLANDIA KLAVERJAS & BOLIVIA CLUB**

Information: Murray Koedijk 9337 6923  
Clubhuis Donderdag avond van 19.45 – 23.00

### **WOENSDAG KAART CLUB**

Information: Freda Hovingh, president 9448 0240  
Clubhuis Woensdags van 10.00–14.00 uur.

### **DE JEUGD VAN VROEGER (DJVV)**

Information: Wilma Mitchell 9359 1972  
Donderdags om de veertien dagen  
10:30-15.00 uur

### **SUNDAY KLAVERJAS DRIVES**

Information: Gerry Creemers 9356 4207

### **THE DUTCH SINGERS**

Information: Alida Reitzenstein 041 799 4813  
E-mail: alreitzenstein@iinet.net.au

### **END OF THE MONTH DRINKS**

Information: Lianna Parker 0419 181 154  
De laatste Vrijdag van de maand 5.30 – 9.00 uur

### **CARNAVALS CLUB THE SANDGROPPERS**

Information: Henny Crijns, 9454 6879

### **THE DUTCH LUNCH CLUB**

Information: Frits Herkenhof 9310 1569

### **THE DUTCH CLOG DANCERS**

For Nursing Home performances only  
Hanny Kamps 9457 2548

### **NEERLANDIA PHILATELIC SOCIETY**

For any information, valuations etc. please contact:  
Arnold Giltay 9349 7901

### **HOLLANDIA BILJART CLUB**

Clubhouse: 128 Crystal Brook Rd., Wattle Grove  
Information: M. van Moorsel, Caretaker 9453 3535

### **MANDURAH KLAVERJAS CLUB**

Information: Theo Baars 9534 5366  
Donderdagmiddag in Mandurah vanaf 13:00 uur

### **DE HOLLANDSE FIETSEN CLUB.**

Information: Frans Indrisie 9242 2139

### **OVER 50 WANDEL CLUB THE DUTCHIES**

Information: Thea Bloks 9446 4867  
Bill van Heumen 9377 4287

### **MORLEY WINDMILLS SPORTS CLUB**

Information: Louis Marcus 9275 8666

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